The Need for a Social Revolution in Residential Care

Kristine Theurer, MA (Gerontology), PhD Candidate, University of British Columbia
“I think my room is at the end of the world.”
Rates of Depression —44%
1960

Rates of Depression — 44%

2010

Canadian Institutes of Health Research

Rates of Depression — 44%
A social revolution

The overturning of activities focused on entertainment and distraction

- ‘REAP’ Model
  - A new psychosocial model of care
  - Resident Engagement And Peer Support
peer support

give more

live more
Java Music Club

Standardized Peer Support Group
• themes
• photos
• readings
• music
• talking stick
John’s story

- Group empathy
- Emotional engagement
- Peer support
Java Memory Care

“I am amazed at how residents with dementia have responded... short, simple, yet profound answers.”

Hilary Lipsett, Staff
The Team

Susan Brown, Mike Sharrett, Schlegel-UW Research Institute for Aging, Ontario
Ben Mortenson, Melinda Suto, University of British Columbia
Virpi Timonen, Trinity College Dublin, Ireland
Robyn Stone, LeadingAge Center for Applied Research, Washington, DC

- 225 residents, staff and volunteers at Schlegel Villages
- UBC Public Scholars Initiative
- Social Sciences and Humanities Research Council of Canada
Program Structure

Hour 1
Team Meeting

Mentors

Facilitators (Staff)
Program Structure

Hour 2
The Visits

Mentors

Those being visited
WHO?

Care Homes (n=10)
Staff (n = 24)

Mentors
(n = 105)

Visitees
(n = 86)
Mentors (n=105)
Visitees (n=86)

WHO

Care Homes (n=10)
Staff (n = 24)
Mentors (n = 105)
Visitees (n = 86)

WHAT?

Impact of program
Depression
Loneliness
Social identity
Belonging/Purpose
Mentors (n=105)
Care Homes (n=10)
Staff (n = 24)

Visitees (n = 86)

Depression
Loneliness
Social Identity
Belonging/Purpose

Impact of program

WHO
WHAT

HOW?

Surveys
Clinical tools
Focus groups
Interviews
Observations
“It has given me a new life!”
Join the revolution

www.JavaGP.com
References


2Canadian Institute for Health Information. (2010). Depression among seniors in residential care. Ottawa, Canada.


References


